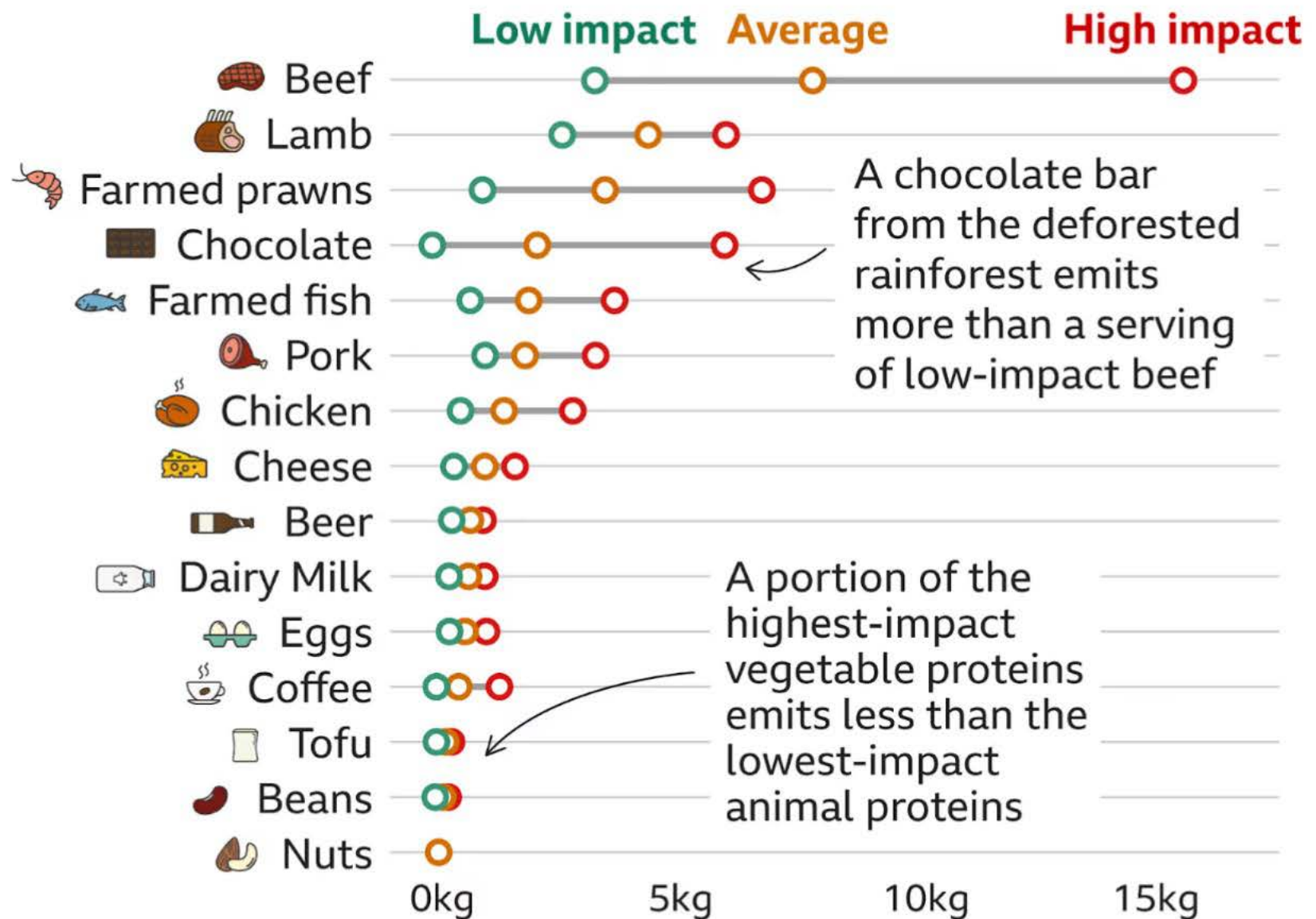


Beef has the biggest carbon footprint – but the same food can have a range of impacts

Kilograms of greenhouse gas emissions per serving



Note: The figures for each food are based on calculations from 119 countries. Serving sizes are from the British Dietetic Association (BDA) and Bupa.

Source: Poore & Nemecek (2018), Science

BBC

carbon emissions of foods