

# WEEKLY CARBON USAGE LOG

Name: \_\_\_\_\_

| Day of the week | Number of minutes in hot shower | Number of minutes running hot water brushing your teeth | Dinner carbon footprint (closest number on graph) |
|-----------------|---------------------------------|---|---|
| Sunday          |                                 |   |   |
| Monday          |                                 |   |   |
| Tuesday         |                                 |   |   |
| Wednesday       |                                 |   |   |
| Thursday        |                                 |   |   |
| Friday          |                                 |   |   |
| Saturday        |                                 |   |   |

Notes:

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